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| **Upper Endoscopy** Your doctor will be using a small camera to look inside your stomach and small intestine. Please use this checklist to make sure you are ready for the procedure. If you do not, your procedure may be cancelled or have to be repeated. If you have questions, please contact your doctor's office at 913-355-3896.**Date of my upper endoscopy: \*\*\* Arrival time: \*\*\*** **Location of my EGD: Olathe Medical Center, Dr Building #2 Suite #101** **20805 W 151st St, Olathe, Ks 66061**□ **I need to tell my doctor about ALL the medicines I take.** * **Blood thinners** such as Coumadin® (warfarin), Plavix® (clopidogrel), Xarelto® (rivaroxaban), Eliquis® (apixaban), Pletal® (cilostazol), Brillinta® (ticagrelor), Aggrenox® (ASA/dipyridamole), Effient® (prasugrel) or Savaysa® (edoxaban) . **Contact your prescribing physician *1 week prior* to your colonoscopy to ensure you can stop your medication.**

 *\*\*Baby Aspirin (81mg) and full-strength Aspirin 325 mg is ok.\*\****Diabetes medicines** may need to be adjusted. I will tell my primary care doctor that I am having an EGD so they can change my doses, if needed. **GLP-1 medications** such as Trulicity (dulaglutice), Bydureon, Ozempic (semaglutide), Wegovy (semaglutide), Mounjaro (terzepatide), Byetta (exenatide), Victoza (liraglutide), Saxenda (liraglutide), Adlyxin (lixisenatide), Rybelsus (semaglutide),Zepbound (tirzepatide). If taking daily hold the day of procedure, if taken weekly hold 1 week prior to procedure**Phentermine** will need to be held a minimum of **14 days** prior to the procedure.**Blood pressure medicines** will continue as directed by my doctor. A nurse will tell me which medications I can take on the day of the procedure.**Vitamins and dietary supplements** will need to be stopped 5 days before my EGD. This includes herbal supplements and fish oil.□ **I need to arrange an adult to drive me to and from the procedure.**I will be given medicines to make me sleepy. I will not be able to drive or operate machines after the procedure. I will not be allowed to take a bus, taxi, Uber/Lyft or walk home unless I am with an adult. My procedure will be cancelled if an adult is not with me.**Evening before the procedure:*** **No solid foods after midnight.**
* **No fluids, including water, 2 hours prior to the procedure**.
* Take my normal morning medicines with a small sip of water.
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