

Community Health Improvement Plan (CHIP)

Fiscal Years 2025 - 2027

July 1, 2024, through June 30, 2027

This three-year plan is subject to board approval. Initiatives and tactics may change throughout the three years to better support community engagement, new projects and programs.

For more than 30 years, it has been the pleasure and privilege of Miami County Medical Center (MCMC) to serve our communities. Our goal of providing the highest possible level of medical expertise, advanced technology, and professional, compassionate care has remained our guiding principle over all those decades and continues to drive us to provide the very best care for our patients and their families. While MCMC is a committed partner, the overall health of our communities is a joint effort. Schools, health-related agencies, local, county and federal government agencies, religious-based groups, health insurers and businesses all play an integral role in meeting the healthcare needs of the residents of our service area.

To improve the health of communities, the Patient Protection and Affordable Care Act (ACA) requires nonprofit hospitals nationwide, including MCMC, to conduct a Community Health Needs Assessment every three years. Hospitals are then required to develop and execute a Community Health Improvement Plan to meet the needs identified in this assessment. MCMC, with the help of VVV Research and Development, conducted the health needs assessment for our service area of Miami and Linn counties. This was done by performing research and collecting health data for our area, and actively seeking input from the community through a survey and town hall meetings.

Timeline for CHNA & CHIP



The research and community input helped develop a clearer picture of our service area and the health priorities of residents. The result was a list of top health priorities.

1. Affordable access to childcare
2. Mental health (diagnosis, placement and after care), access to providers
3. Affordable access to housing
4. Substance abuse, drugs and alcohol
5. Chronic disease management, specifically cancer and diabetes
6. Obesity, access to healthy foods and exercise
7. Uninsured and underinsured

Priority #1: Increase access to affordable childcare services.

NEED: As identified by stakeholders in the community town hall meeting, a strength in the service area is economic progress. However, a little more than 5% of the county population is under the age of five and children in single parent households is 16.5%. The number of children eligible for free or reduced-price food services through the education system is 31%. This data indicates the need for additional resources for working families to care for the children in our community. The number of childcare centers per 1,000 children is higher than the state of Kansas. There was unanimous agreement during the town hall meeting that there is not enough childcare options.

INITIATIVE: MCMC will work with community partners and support efforts to expand childcare resources.

ANTICIPATED IMPACT: Enhance resources for affordable childcare services for working parent(s). Raise awareness with policy makers on the need for more childcare services.

Please note: This health need is a community social determinant, thus not part hospital's mission or critical operations. Will partner with others as appropriate.

Priority #1: Increase access to affordable childcare services.

Responses	Tactics	FY 2025	FY 2026	FY 2027	KPI's
Provide resources to the community to assist with safe childcare practices.	Explore the feasibility of offering childcare support education (i.e. teen babysitting classes, etc.). Continue to provide support for licensure (i.e. CPR classes, etc.)		X		Conduct feasibility assessment to offer community education classes. Consider additional tactics for future.
Work with community partners to increase the availability of preschool programs that combine care with early childhood education, particularly in areas with high demand.	Collaborate with local schools, churches, fitness centers and others to consider offering childcare services for community residents.	X	X	X	Participate in related community work group sessions to support this community-based initiative.
	Collaborate/support the United Way of Miami County in efforts to bring new childcare programs to our service area.	X			Conduct introductory meeting to determine support needed.

Priority #2: Increase collective community education, prevention, diagnosis, placement and aftercare for mental health conditions. Eliminate barriers to accessing care.

NEED: Our service area lacks adequate behavioral health resources to appropriately care for all residents with behavioral health needs. There are significantly higher trends in Miami and Linn counties compared to the state and Eastern Kansas Rural Norm counties in areas related to behavioral health indicators such as age-adjusted suicide mortality rates and number of self-reported mentally unhealthy days. There is also link between socioeconomic and physical health conditions that directly correlates to the mentally unhealthy days. There is tremendous difficulty to identify resources to diagnose and comprehensively treat behavioral health patients. Another unique factor specific to our primary service area is the location of Osawatomie State Hospital.

INITIATIVE: MCMC will work with its primary care network to ensure all patients are being screened for depression, and subsequently connecting those who could benefit with the appropriate resources. MCMC will continue to work with community partners to develop relationships for collective impact and promote existing mental health services.

ANTICIPATED IMPACT: People who have behavioral health conditions will have more care options, resources and easier access to resources.

Priority #2: Increase collective community education, prevention, diagnosis, placement and aftercare for mental health conditions. Eliminate barriers to accessing care.



Responses	Tactics	FY 2025	FY 2026	FY 2027	KPI's
Expand capabilities to identify patients with mental health conditions and provide appropriate levels of care.	Through Olathe Health Primary Care Clinics, screen patients during wellness visits using the PHQ-9 depression screening. Continue enhancements to care management for patients with mental illness through implementation of behavioral health care management for patients with mental health conditions.	X	X	X	99% screening compliance during wellness visits. Provide appropriate resources to identified patients.
	Launch behavioral health strategic planning process.		X		Launch and complete a strategic plan for Miami County Medical Center.
	Expand telepsych for service offerings approved by area providers. Explore reimbursement options.			X	Develop implementation plan.
Continue to develop mental health relationships with key community partners for collective impact. Promote existing mental health services, facilities, and providers.	Support local school districts to educate students on mental health and anti-suicide campaigns with a focus on de-stigmatizing mental health conditions.	X	X	X	Participate in community-based meetings to expand the Yellow Ribbon Project.
	Serve on board of directors for local organizations providing mental health services.	X	X	X	Hold board seat with at least one community partner.

Priority #2: Increase collective community education, prevention, diagnosis, placement and aftercare for mental health conditions. Eliminate barriers to accessing care.

Responses	Tactics	FY 2025	FY 2026	FY 2027	KPI's
Support community initiatives to enhance access to services.	Support exploration of a community behavioral health co-responder program in partnership with the Miami County Sheriff's Office and Miami County Health Department.	X			Facilitate meeting with Olathe to explore opportunities and barriers to this program.
	Collaborate with current systems to complete a New Community Inventory Survey to document specific Mental Health service offerings and availability of services by hours & insurance.			X	Complete community inventory and make available to care coordinators, social workers and discharge planners.
	Promote 9-8-8 crisis hotline (and like community resources) at community engagement events.	X	X	X	Distribute 9-8-8 educational tools at appropriate community events.

Priority #3: Increase access to affordable and quality housing within MCMC's primary service area.

NEED: Our service area experiences a significant housing issues. One in four households experience high housing costs, overcrowding, lack of plumbing or lack of kitchen facilities. Miami County saw an increase in severe housing problems since the assessment in 2021.

INITIATIVE: MCMC will support the community collaboration between My Father's House, City of Paola, Public Works, Elizabeth Layton Center, Paola Housing Authority, Miami County Economic Development and others to bring a tiny house community on the grounds at My Father's House. MCMC will continue to support efforts to expand housing resources. MCMC will also continue to screen for homelessness and risk of becoming homeless within its patient populations and connect those identified with appropriate resources as available.

ANTICIPATED IMPACT: Enhance community knowledge about housing resources and raise awareness with policy makers on the need for more affordable housing.

Please note: This health need is a community social determinant, thus not part hospital's mission or critical operations. Will partner with others as appropriate.

Priority #3: Increase access to affordable and quality housing within MCMC’s primary service area.

Responses	Tactics	FY 2025	FY 2026	FY 2027	KPI's
Continue to support community partners and their efforts to expand housing resources and partners.	Participate in a community work group to address this issue and support the homeless community. Support local church Homeless programs. Build "rebound" options for employment.	X	X	X	Participate in bi-annual work group sessions.
Identify patients within Olathe Health Primary Care clinics are at-risk of being homeless.	Through screening patients for social determinants of health, identify patients at-risk of being homeless. Connect identified patients with community resources.	X	X	X	Complete screening during 100% of annual (wellness/physical) visits within Olathe Health primary care clinics.

Priority #4: Address the rise in substance abuse, including drug and alcohol use; misuse of opioids.

NEED: According to the County Health Rankings, the number of drug overdose deaths in Miami County are higher than surrounding counties, including Johnson County. Kansas Health Matters indicates the rates for people (those on Medicare Part D) having access to prescribed opioids have increased over state rates, and some have increased over prior values. This also includes the percent of claims submitted with opioid prescriptions written for more than a ten-day supply. All of these data points support the rise in substance abuse within our primary service area. Kansas Health Matters cited an increase in excessive drinking in Miami County compared to the previous three years in the county, and currently higher than the state of Kansas. There was also an increase in the percentage of alcohol-impaired driving deaths in the county. Community stakeholders expressed concern about this health need, ranking it the second most pressing issue in our service area.

INITIATIVE: In addition to the health system's multi-disciplinary physician team to monitor prescriptive practices, MCMC will educate residents on resources for safe disposal of unused medications. Hospital representatives will also engage with county initiative to reduce drug and alcohol abuse.

ANTICIPATED IMPACT: Reduce the number of drug and alcohol related deaths in the county. People who have access to opioids and other unused medications will have the education and access for safe disposal.

Please note: This health need is a community social determinant, thus not part hospital's mission or critical operations. Will partner with others as appropriate.

Priority #4: Address the rise in substance abuse, including drug and alcohol use; misuse of opioids.

Responses	Tactics	FY 2025	FY 2026	FY 2027	KPI's
<p>Engage the Physician Opioid Task Force to review prescription practices and provide appropriate education. Provide ongoing support and education to providers who prescribe opioids to patients.</p> <p><i>This group has implemented a number of programs to address this priority such as pain management contracts with patients, support KTRACS, intake assessments in clinics, guidelines for dispensing.</i></p>	<p>Continue to monitor patients who have and do not have a controlled substance agreement. Develop baseline. Develop communication plan to educate providers.</p>	X	X	X	<p>Reduce number of prescriptions to patients without a controlled substance agreement.</p>
	<p>Expand education for providers on available Drug Abuse resources. Develop educational handouts for medical providers to distribute when prescribing schedule II drugs.</p>		X	X	<p>Provide one CME opportunity related to this topic.</p>
<p>Partner with local groups to promote safe drug take back practices.</p>	<p>Support Miami County Mental Health Initiatives, including promotion of local drop-off locations (i.e. National Drug Take Back Days, etc.)</p>	X	X	X	<p>Promote event twice per year on social media and through health system locations.</p>
	<p>Promote local drop-off locations, including locations within The University of Kansas Health System (Westwood Medical Pavilion, Bell Hospital Tower and Indian Creek).</p>	X	X	X	<p>Provide annual education to Olathe Health Family Medicine offices.</p>
	<p>Provide fentanyl test strips to patients and families through grant funding from the State of Kansas.</p>	X	X	X	<p>Purchase test strips and make available to health system locations.</p>

Priority #4: Address the rise in substance abuse, including drug and alcohol use; misuse of opioids.



Responses	Tactics	FY 2025	FY 2026	FY 2027	KPI's
Actively participate in a Substance Abuse Coalition to help addicts and their families. Continue to provide counseling and educate the public on signs of drug abuse to connect to resources.	Attend county health department and sheriff's office substance abuse workshop to support work happening around community education and access to resources.	X	X	X	Attend regular meetings and identify tactics to adopt and support at the hospital level.

Priority #5: Improve chronic disease management.

NEED: County Health Rankings in 2024 show two data points that express the importance of managing chronic disease management: the number of primary care physicians compared to the population and the number of preventable hospital rate. For both categories, Miami County was higher than the state of Kansas. Also noted by the County Health Rankings are the percentage of adults with high-risk health indicators such as obesity, smoking, physical inactivity and other behaviors that impact community health. Miami County saw an increase in the percentages in every one of these categories. The chronic risk profile for the county illustrates the growing incidences in adults with high blood pressure, congestive heart failure, diabetes, COPD and asthma. Community stakeholders identified the need to improve resources for managing these chronic health conditions.

INITIATIVE: MCMC will leverage patient-centered care through its primary care network and enrollment in the Kansas Healthcare Collaborative. Providers will screen and refer appropriate patients to the program for ongoing services such as remote monitoring and daily check-ins to provide remote monitoring.

ANTICIPATED IMPACT: Increasing the number of identified patients enrolled in the collaborative will help those with chronic diseases effectively manage those diseases and reduce the number of preventable visits to the hospital.

Priority #5: Improve chronic disease management.

Responses	Tactics	FY 2025	FY 2026	FY 2027	KPI's
Participate in the Kansas Healthcare Collaborative.	Identify and enroll patients in the Kansas Healthcare Collaborative (therefore providing them with resources such as ongoing nursing support and medication review).	X	X	X	Increase the number of patients enrolled.
Leverage community partner relationships to build seamless communication, provide community-based screening opportunities and improved access to resources aimed to reduce chronic diseases.	Identify capabilities for communication related to patients with chronic diseases and develop plan to improve communication with external community providers, such as the Miami County Health Department, to improve ongoing communication related to care for patients with chronic diseases.		X		Complete feasibility study for communicating with external providers.
	Partner with the health department and other community partners to offer free or low-cost screenings for common chronic diseases, such as blood pressure checks, glucose tests, and cholesterol levels.	X	X	X	Participate in at least one screening event annually.
	Support partners to offer community-based physical activity programs, such as walking trail systems, gym access, or fitness challenges, tailored to individuals with chronic diseases.	X	X	X	Provide financial support to community partners to subsize cost of offering these programs.

Priority #6: Reduce the incidence of obesity through providing education access to healthy foods and exercise.

NEED: We recognize that obesity and being overweight disproportionately affects Kansans compared to residents of other states, and rural Kansans compared to those living in metropolitan areas. We aim to reduce health disparities in our rural counties with high obesity rates. In Miami County, the obesity rates have been on a steady incline since 2012. In the hospital's first community health needs assessment, the obesity rate for adults in the county was 30 percent. In 2024, that rate is now a little more than 37 percent. Factors such as access to healthy foods and exercise opportunities play an important role in this number continuing to climb. Health literacy and prevention are other factors impacting this priority. More than eight percent of the population identify as food insecure, and those having limited access to healthy foods is nearly seven percent (up from 4.8 percent in 2021). The needs assessment identified the rate of physical inactivity has decreased and access to exercise opportunities has increased.

INITIATIVE: MCMC will focus on raising awareness about the importance of healthy eating by providing education on cooking with healthy foods, reading food labels and sharing success stories of those who have adopted a healthy lifestyle. MCMC will also provide a weight loss management program to include information regarding nutrition, exercise, lifestyle, prescription medications and referral to bariatric surgery when indicated.

ANTICIPATED IMPACT: Educate community members on tools they need to eat healthy and make positive lifestyle changes to reduce the obesity rates.

Please note: This health need is a community social determinant, thus not part hospital's mission or critical operations. Will partner with others as appropriate.

Priority #6: Reduce the incidence of obesity through providing education and access to healthy foods and exercise.

Responses	Tactics	FY 2025	FY 2026	FY 2027	KPI's
Provide obesity medicine program in the primary care setting.	Introduce the community to a non-surgical treatment option for obesity. Dr. Georgina Green, primary care provider at Olathe Health Family Medicine – Paola, who is an American Board of Obesity Medicine diplomate.	X	X	X	Increase the number of patients being seen for weight loss treatment.
Leverage community relationships to provide educational opportunities to residents to improve health literacy around the importance of eating healthy.	Explore community educational series through Extension focusing on cooking demos, food labels, grocery store tours, restaurants healthy meals / portions options, health fairs, classes, speakers etc.		X		Review current educational offerings and expand by one additional offering as identified.
	Explore partnership with K-State R&E to encourage local businesses to sponsor fitness challenges, such as step-count competitions or weight-loss challenges, with incentives for participation and achievements.			X	Promote Walk Across Kansas in the community and sign up hospital staff to participate.
Educate the community about healthy lifestyle changes, including eating healthy and regular exercise, and the importance those changes have on overall health.	Provide education on the 12345 Fit-Tastic Program (an educational program to highlight five healthy behaviors for children to improve their overall health) at community events.	X	X	X	Provide educational materials/resources in at least 3 community events annually.
	Launch a public health campaign using social media, local radio, and community events to raise awareness about the importance of healthy eating and regular exercise in preventing obesity. Share local success stories of individuals or families who have adopted healthier lifestyles.			X	X

Priority #7: Increase access to affordable health services by connecting people who do not have health insurance with appropriate services that best fit their needs.

NEED: Navigating the healthcare delivery system is becoming more complex than ever. In Miami County, high wait-times for urgent and emergency services, the rise in co-morbidities, lack of affordable insurance can make navigating one's healthcare journey even more challenging. While the number of people with health insurance in Miami County is slightly higher than state rates, access to affordable options for health services can be challenging.

INITIATIVE: MCMC will continue to expand resources to help patients navigate the healthcare system and auxiliary resources. MCMC will also work with community partners to develop campaigns to raise awareness about the availability of healthcare services and resources.

ANTICIPATED IMPACT: People who have complex medical conditions or have barriers to care (such as language, ability to pay for services, etc.) can access the care and services they need. This will also help reduce the number of re-admissions to the hospital and support an overall healthier community.

Priority #7: Increase access to affordable health services by connecting people who do not have health insurance with appropriate services that best fit their needs.

Responses	Tactics	FY 2025	FY 2026	FY 2027	KPI's
Continue to offer resources to patients with complex medical diagnoses.	Continue to offer patient navigators who can assist individuals in understanding their healthcare options, insurance coverage, and accessing services. These navigators can provide one-on-one guidance throughout the patient's healthcare journey. (i.e. cancer, cardiology care coordinators in primary care).	X	X	X	Dedicate staff to support the patient population.
	Continue to educate MCMC patients about resources available through Elevate (partner that helps enroll patients in the healthcare marketplace) and consider expanding services to assist with complex patients in the outpatient setting.	X	X	X	Continue to contract with Elevate to support assistance program.
	Continue to educate the public on payment options at MCMC (Patient Financial Asst.). Continue to enhance CMS Transparency web reporting and price transparency.	X	X	X	Update financial assistance policy and price transparency on olathehealth.org annually.
Work with community partners and develop new relationships to educate the community about the availability of healthcare services available.	Use local media, social media, and community events to raise awareness about the availability of healthcare services. Continue to develop brochures, infographics, and videos that simplify complex healthcare and insurance concepts. Offer materials in digital / paper formats at the time of visit.			X	Launch campaign to provide general awareness.
	Support the local FQHC to provide diagnostic services for patients who are uninsured/underinsured.	X	X	X	Continue financial support to off-set cost of diagnostic services.
Advocate for policy change to expand Medicaid.	Identify opportunities to engage with legislators to advocate for Medicaid expansion and illustrate the impact that would have on Miami County residents and healthcare delivery systems.	X			Engage local representatives on regular basis to discuss this topic.